



Working Plans for Meeting with XXX and Support New York

Organization:

1. Meeting every 2-4 weeks at predetermined time
2. SNY keeps confidential notes on general items at meeting for their records.
3. SNY may assess the process with you either verbally or over email every 3 months (completely confidential).
 - a. SNY's impressions of the process and your progress
 - b. Your impressions of the process and the accountability group

Confidentiality:

1. Meetings are completely confidential. No details of what is discussed at the meetings will be disclosed to survivors, partners, or larger community until, if or when you and SNY decide to do so. We want meetings to be a safe space where you can think, talk and work out any issues without feeling watched or judged.
2. General information about the structure of the process, your attendance and cooperation, and SNY's impressions of your general progress may be disclosed.
3. At your request or the request of survivors or others invested in this process, we may discuss releasing information with consent from you and others involved.

Structure of Meetings:

1. SNY welcomes your input in developing the structure and content of the meetings.
2. We will analyze readings with a radical slant that focus on issues of sexual assault, abuse, patriarchy, gender, socialization, boundaries, power dynamics, etc., as well as how these larger ideas relate to our everyday lives.
3. We will talk about experiences, get to the root of why we act in oppressive ways and work to change those parts of ourselves.
4. We will think about how to connect our minds and bodies to regulate behaviors in moments of anger or hurt and curb abusive patterns.
5. These are just starting points and all of us should actively be thinking about how to form a productive process.

Professional Counseling:

1. We request that you attend regular counseling throughout the process. A list of free or sliding scale resources can be provided if you'd like.
2. The details of your counseling are completely confidential between you and your



counselor. We will not attempt to contact or gain information from your counselor. We do encourage you to discuss with us anything you wish to share.

Group Agreements:

1. No name calling, interrupting or aggressive language.
2. Be open to being challenged on oppressive perspectives, such as racism, sexism, or homophobia.
3. Be mindful of addressing any one person more than others (e.g., because of their perceived gender).
4. Treat everyone at the meeting as your and each other's equals.
5. Be willing to engage in readings and activities and take responsibility for your actions.
6. The purpose of these meetings is to deal with your behavior towards others and its impact. If you have issues you would like to address regarding the person who requested that you participate in this process, we ask that you seek another setting to deal with this such as counseling.

We are meeting because your actions have harmed someone else and created reverberations throughout your community. Our intentions are to examine the impact and origins of these behaviors, to understand the effect this has on others, and to take steps to avoid these acts in the future. This process may take time. Survivors and others in your community have been hurt, and at this time, people may not be comfortable with your presence in certain spaces, though with time and your effort this may change. Until then, please always be respectful when people set boundaries with you. If someone asks you to leave a space or says they don't want to talk about it, that's their right. People will respond when they are ready. Just try to be patient, think critically and be respectful.